



Pre-operative Instructions

Conscious sedation/ IV Anesthesia is designed to enable you to undergo surgical procedures in a comfortable, relaxed, pain free manner. In order for us to treat you safely, it is necessary to follow some very important guidelines:

1. You must provide a responsible escort who can bring you to your appointment, accept and understand post-op instructions, and care for you after surgery. We do not recommend taking public transportation or walking home after surgery.

Valuables must be left with your escort. We are not responsible for lost or stolen items.

2. Please be sure to drink plenty of fluids the day **before** your surgery.
3. Do not have **anything** to eat or drink for 8 hours prior to your appointment.
4. Do not eat a **heavy meal** the evening before your surgery.
5. Do not drink any alcoholic beverages for 24 hours after your surgery.
6. Do not drive for 24 hours after surgery.
7. Defer any responsibility or complicated tasks or any decision making (do not sign any important papers) for 24 hours after surgery.
8. Wear loose comfortable clothing on the day of surgery.
9. Please do not wear make-up.
10. We also recommend that you have someone at home with you after surgery to attend to you and your needs.
11. Remove contact lenses before coming in for your surgery. We recommend wearing glasses if you have them.
12. Do not wear metal jewelry. This includes body piercings.
13. Remove all nail polish before coming in for your surgery appointment. Please **NO** acrylic nails.
13. Do not use moisturizing lotion on hands or arms the day of your appointment.
14. We recommend a diet of soft foods for the first few days following your surgery, therefore, shopping ahead of time is advised.
15. Please turn off **ALL** electronic devices upon entering our office. (Cell phones, pagers, PDA's)
16. Please be aware that in order to ensure our patients safety during surgery **no one** is allowed to accompany patient into the operatory.
17. **In order to better answer any questions you may have regarding your surgery, please review our post operative instructions online at www.drjoycelee.com.**

Our office philosophy is one of comprehensive care. Therefore, your surgical treatment plan and fees will include the surgical procedure as well as all necessary post-operative visits. Post-surgical care will be continued until mutual satisfaction is attained from both the patient and our office. Please make every effort to keep your follow-up appointments.

If you have any further questions, please do not hesitate to give our office a call.
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